



USING CHARTING THE LIFECOURSE TO PLAN FOR A SUCCESSFUL TRANSITION

VIRTUAL FOUR-PART SERIES • FREE • SPRING 2023

This foundational and skill-building series for families, educators, counselors, and vocational rehabilitation staff will focus on the key principles of the Charting the LifeCourse framework. Participants will be supported in understanding and practicing using the Charting the LifeCourse framework for discovery, planning, problem-solving, and decision-making with their family member

with a disability, and will receive capacity building in their role in supporting these same skills with transition-age youth.

Interactive activities related to using the framework to support exploration and discovery, future and career planning, problem-solving, and advocacy will be shared.

Session 1: Developing a Plan for Transition and Employment

Thursday, February 23, 2023 • 6:00 - 7:30 p.m.

(Repeat) Saturday, April 8, 2023 • 10:00 - 11:30 a.m.

This session will address setting high expectations and establishing goals and strategies for a successful transition and employment outcomes, including prioritizing life experiences.

Session 2: Exploration and Discovery: Identifying a Vision and Leveraging Life Experiences

Thursday, March 9, 2023 • 6:00 - 7:30 p.m.

(Repeat) Saturday, April 22, 2023 • 10:00 - 11:30 a.m.

This session will assist participants with exploring and identifying a vision for a “good life” that considers all aspects/domains of quality of life and their interconnectedness. They will explore possibilities for employment and career development as one aspect of an overall, holistic vision of a good life.

Session 3: Family Roles in Supporting Self-Determination and Self-Advocacy

Thursday, March 23, 2023 • 6:00 - 7:30 p.m.

(Repeat) Saturday, May 13, 2023 • 10:00 - 11:30 a.m.

Participants will understand the family’s role in supporting the exploration, planning, problem-solving, and advocating – including how families can support a person with a disability to lead his or her own planning meetings, and advocate for accommodations with employers, and various settings. Additional skill building will include navigating difficult conversations or differences of opinion, both within the family and with potential supports, employers, etc.

Session 4: Bringing it All Together: Successfully Applying Charting the LifeCourse to the Admission Review Dismissal (ARD) Process

Thursday, April 6, 2023 • 6:00 - 7:30 p.m.

(Repeat) Saturday, May 20, 2023 • 10:00 - 11:30 a.m.

This session combines the concepts and strategies from the previous sessions and leads participants through applying Charting the LifeCourse to specific areas of the ARD process. Particular attention will be paid to identifying desired outcomes and putting needed supports in place.

Educators register at www.esc11.net, and families register at <https://forms.gle/4jaFmchJusFAsCEP7>.

Yes, I'm interested in the Charting the LifeCourse Series!

Families, please complete the registration form at <https://forms.gle/4jaFmchJusFAsCEP7>.



This is a Charting the Course Initiative.



National Expert:
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