

Resource	Resource type	Phone Number	Website	Email	County	Description
211 Texas	General Information/Inquiries		211 2-1-1 Texas Texas Health And Human Services Commission (211texas.org)		Parker	Individuals in Texas can dial 2-1-1 or (877) 541-7905 or visit 211texas.org to find information about resources in their local community, including help finding food or housing, child care, crisis counseling or substance abuse treatment.
ACT Fee Waivers	Monetary Aid/Relief		https://www.act.org/content/act/en/products-and-services/the-act/registration/fees/fee-waivers.html		Parker	Students can visit this website and apply for a fee waiver to take the ACT exam.
Apply Texas	Youth/Family Support		Please visit https://goapplytexas.org/		Parker	Students will use this site to apply for Texas public colleges and universities.
Child Care Services (CCS)	Youth Support	940-382-5619	Subsidy (texas.gov)		Hood	Child Care Services (CCS) offers low-income services, including subsidized child care assistance for those working and/or going to school.
Christmas In Action	Housing	817-774-2022	Contact Us - Christmas In Action	info@christmasinaction.net	Johnson	Christmas In Action refurbishes the houses of low-income homeowners, particularly the elderly, disabled, and families with children, so they may continue to live in warmth, safety, and independence.
CollegeData.com	Youth/Family Support		Please visit https://www.collegedata.com/		Parker	CollegeData.com is a free website that students can utilize to learn how to prepare, apply, and pay for college.
Cook Children's Medical Center Member Service Department	Medical	Phone: 682-885-2247 Toll-free: 1-800-964-2247	Contact Us (cookchildrens.org)		Tarrant	Contact this department to ask any questions about the Cook Children's Health Plan.
Coordinated Entry	Housing	512-482-8270	Coordinated Entry - Tarrant County Homeless Coalition (ahomewithhope.org)		Tarrant	Coordinated Entry is a process for people experiencing homelessness to access the housing crisis response system, complete an assessment to understand their strengths and needs, and quickly connect to appropriate, tailored housing programs and mainstream services.
COVID-19 Mental Health Support Line	Counseling/ Mental Health	833-986-1919	COVID-19 Support: Mental Health Resources Texas Education Agency		Tarrant	If you or someone you know is feeling overwhelmed by the COVID-19 pandemic, help is available. Speak with a mental health professional for help dealing with anxiety, depression, stress, grief or worry 24/7.
COVID-19 Mental Health Support Line	Mental Health/Counseling	833-986-1919	COVID-19 Support: Mental Health Resources Texas Education Agency		Erath	If you or someone you know is feeling overwhelmed by the COVID-19 pandemic, help is available on the COVID-19 Mental Health Support Line. Speak with a mental health professional for help dealing with anxiety, depression, stress, grief, or worry 24/7.
Depression & Bipolar Support Alliance (DBSA)	Counseling/ Mental Health	817-654-7100	DBSA - Depression and Bipolar Support Alliance (dbsaalliance.org)		Tarrant	DBSA provides support and educational information/referral resources, support services, and follow-up for individuals with depression and bipolar diagnoses.
Discount on Amazon Prime Membership	Food		Discounted Amazon Prime for qualifying EBT and government assistance recipients		Tarrant	Amazon Prime is just \$5.99/month for EBT and select government assistance recipients.
Early Childhood Intervention (ECI)	Counseling/ Mental Health	must contact 817-335-3022 or 1-800-866-2465 to begin an eligibility assessment.	Early Childhood Intervention Programs Texas Health and Human Services		Tarrant	ECI provides services to families with children (birth to 36 months) who have developmental delays and disabilities in these 12 counties: Cooke, Denton, Ellis, Erath, Hood Johnson, Navarro, Palo Pinto, Parker, Somervell, Tarrant, and Wise. (Must call first to complete assessment and then will be provided a service location)
Early Childhood Intervention (ECI)	Counseling/ Mental Health	must contact 817-335-3022 or 1-800-866-2465 to begin an eligibility assessment	Early Childhood Intervention Programs Texas Health and Human Services		Somervell	ECI provides services to families with children (birth to 36 months) who have developmental delays and disabilities in these 12 counties: Cooke, Denton, Ellis, Erath, Hood, Johnson, Navarro, Palo Pinto, Parker, Somervell, Tarrant, and Wise.
Feeding Wise Kids	Food		CONTACT (feedingwisekids.org)	info@feedingwisekids.org	Wise	Feeding Wise Kids offers a backpack program for students.
Free Application for Federal Student Aid (FAFSA)	Monetary Aid/Relief		https://studentaid.gov/h/apply-for-aid/fafsa		Parker	Students can visit the website to apply for financial aid if they plan to attend college and need additional financial support. Students can code themselves as homeless in the system.
Hearts Full Of Love	Other Support	817-694-0863	Hearts Full Of Love - Helping Parker County's Homeless (hfoimministries.org)		Parker	Hearts Full Of Love provides housing, food, job support, and bill assistance to those in need.
Hearts Full Of Love	Other Support	817-694-0863	Hearts Full Of Love - Helping Parker County's Homeless (hfoimministries.org)		Parker	Hearts Full Of Love provides housing, food, job support, and bill assistance to those in need.
Hearts Full Of Love	Other Support	817-694-0863	Hearts Full Of Love - Helping Parker County's Homeless (hfoimministries.org)		Parker	Hearts Full Of Love provides housing, food, clothing, job support, and bill assistance to those in need.

Homeless Assistance & Prevention Services	Transitional Housing	817-800-6818	Get Help - Tarrant County Homeless Coalition (johomewithhope.org)	Hood	Homeless Assistance & Prevention Services promotes self-sufficiency by providing financial assistance, case management, and resources to achieve financial stability.
Mary Kathryn Nader	Counseling/ Mental Health	817-458-2482	About HOPE Counseling (findhopeccs.com)	Parker	Mary Kathryn Nader provides counseling to women.
MHMR iCare line	Counseling/ Mental Health	817-335-3022	Crisis Services - My Health My Resources of Tarrant County (mhmtarrant.org)	Tarrant	Individuals can contact this line if they are in the midst of a mental health crisis.
Mission Optical Program (through the Lighthouse for the Blind Medical			Home - Mission Optical	Tarrant	Mission Optical Program, offered through the Lighthouse for the Blind, can provide a free pair of glasses for qualified participants. Exams are conducted through the Mission Optical provider partners, who have agreed to offer this service at a discount of \$40.00 per exam. When visiting the website, one can click on the "About Us" tab and Click "Contact Us." This will allow one to complete the "Contact Us" section. Website: https://missionoptical.org/
National Human Trafficking Hotline	Legal/Victim Services	1-888-373-7888	Home National Human Trafficking Hotline	Parker	Contact this hotline if someone is being trafficked and needs immediate assistance.
National Human Trafficking Hotline	Legal/Victim Services	1 (888) 373-7888	Home National Human Trafficking Hotline	Hood	If someone is being trafficked and needs immediate assistance, contact the National Human Trafficking Hotline at 1-888-373-7888.
National Suicide Prevention Lifeline	Counseling/ Mental Health	800-273-TALK	988 Suicide & Crisis Lifeline - Call, Text, Chat (988lifeline.org)	Tarrant	We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.
National Suicide Prevention Lifeline	Mental Health/Counseling	800-273-8255	988 Suicide & Crisis Lifeline - Call, Text, Chat (988lifeline.org)	Erath	We can all help prevent suicide. The Lifeline provides 24/7, free, and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.
National Vision Administrator	Medical	1-800-672-7723	Vision Benefits Provider National Vision Administrators (nva.com)	Tarrant	Call this number for information on providers that accept Cook Children's Insurance in local zip codes.
New Eyes for the Needy	Medical		Apply for Eyeglasses - New Eyes for the Needy (neweyes.org)	Hood	Eyes for the Needy offers free eyeglasses every two years with a voucher from a referring agency (Hood County Indigent Care (817) 579-3962, Ruth's Place (817) 573-6800).
Restoration Advocates	Transitional Housing	254-595-6413	Home My Site (restorationadvocates.org)	Erath	Restoration Place provides emergency housing for women and children in crisis. The organization also offers transitional housing, mentoring, and counseling as needed in order for the family to be fully independent and self-supporting.
Safe Haven	Transitional Housing	817-535-6462	SafeHaven of Tarrant County - Domestic Violence Resources (safehavencc.org)	Tarrant	Safe Haven provides emergency shelter in Fort Worth and Arlington, but the location of the shelter is not disclosed publicly. It is an emergency shelter for women and their children, as well as men fleeing from current intimate partner violence. The length of stay is determined on a case-by-case basis. Service animals are allowed.
Safe Haven	Transitional Housing	817-535-6462	SafeHaven of Tarrant County - Domestic Violence Resources (safehavencc.org)	Tarrant	Safe Haven provides emergency shelter in Fort Worth and Arlington, but the location of the shelter is not disclosed publicly. It is an emergency shelter for women and their children, as well as men fleeing from current intimate partner violence. The length of stay is determined on a case-by-case basis. Service animals are allowed.
SAT Fee Waivers	Monetary Aid/Relief		https://satsuite.collegeboard.org/sat/registration/fee-waivers	Parker	Students can visit this website and apply for a fee waiver to take the SAT exam.
Save a Smile	Medical	Kim Cox - 682-885-4622 Staci Shetter - 682-885-6731	Save a Smile (cookchildrenscommunity.org)	Tarrant	Save a Smile is an innovative, nationally recognized, collaborative program that provides thorough preventive and restorative dental care for children from low-income families with the help of volunteer dentists. Save a Smile is based in 21 schools within the following school districts: Fort Worth ISD, HEB ISD, and Keller ISD.
SNAP	Food/Clothing/Supplies	877-541-7905	Applicant/Recipient Food and Nutrition Service (usda.gov)	Johnson	Contact 940-320-5700 to connect to a SNAP benefits specialist. Apply for benefits in advance on yourtexasbenefits.com .
SNAP-Eligible Groceries on Amazon	Food		Amazon.com - Pay with SNAP EBT	Tarrant	Participants can add their SNAP EBT Card as a payment method on SNAP-eligible items in select states (including Texas). Free delivery is available, and no Prime Membership is needed.

StandUp Lifeline Wireless-Free Wireless Service	Monetary Aid/Relief	800-544-4441	StandUp Wireless Free Government Phone (freegovernmentphones.org)	Tarrant	StandUp Wireless is a provider of Lifeline, a government benefit program. Qualifying individuals enrolling in Lifeline with StandUp Wireless will receive free minutes, text and data. Customers qualify through programs such as Medicaid, SNAP, Federal Public Housing and Veterans Pension, or based on your household income. Individuals can begin the application on standupwireless.com .
StandUp Lifeline Wireless-Free Wireless Service	Monetary Aid/Relief	800-544-4441	StandUp Wireless Free Government Phone (freegovernmentphones.org)	Hood	StandUp Lifeline Wireless-Free Wireless Service offers a free phone to qualified applicants. To qualify, applicants must be a recipient of one of the following: Medicaid, SNAP (food stamps), Supplemental Security Income (SSI), Federal Public Housing Assistance, or Veterans Pension/Survivors Benefit. Individuals can begin the application on standupwireless.com .
Texas Youth Hotline (24 Hour Help)	Youth Support	800-989-6884	DFPS Texas Youth Helpline - Confidential Crisis Hotline	Hood	Texas Youth Hotline (24 Hour Help) offers crisis intervention and counseling for troubled youth.
The Lifeline Program by Access Wireless	Monetary Aid/Relief	888-900-5899	Access Wireless - Free Government Smartphone + Unlimited Phone Service	Tarrant	Access Wireless is a Lifeline Assistance program designed to ensure that quality telecommunications and broadband internet access services are universally available to income-qualifying customers at reasonable and affordable rates. Individuals may qualify for Lifeline service if they participate in public assistance programs such as Supplemental Nutrition Assistance Program (SNAP)/Food Assistance/Food Stamps Medicaid, Federal Public Housing/Section 8 Assistance, Supplemental Security Income (SSI), Veterans or Survivors Pension Benefit. Individuals can begin the application on accesswireless.com/lifeline .
The Lifeline Program by Access Wireless	Monetary Aid/Relief	888-900-5899	Access Wireless - Free Government Smartphone + Unlimited Phone Service	Hood	Access Wireless is a Lifeline Assistance program designed to ensure that quality telecommunications and broadband internet access services are universally available to income-qualifying customers at reasonable and affordable rates. Individuals may qualify for Lifeline service if they participate in public assistance programs such as Supplemental Nutrition Assistance Program (SNAP)/Food Assistance/Food Stamps, Medicaid, Federal Public Housing/Section 8 Assistance, Supplemental Security Income (SSI), Veterans or Survivors Pension Benefit. Individuals can begin the application on accesswireless.com/lifeline .
The Texas & National Runaway Hotline	Youth Support	800-786-2929	Texas Runaway Hotline TexVet	Hood	The Texas & National Runaway Hotline offers assistance, referrals, and transportation for runaways and troubled youth.
The Warm Line at MHA of Tarrant County	Counseling/ Mental Health	817-546-7827	Mental Health America of Greater Tarrant County - MHATC	Tarrant	This confidential telephone support line is available for non-crisis issues and a safe way to make contact with proactive peers in recovery.
Volunteer Income Tax Assistance (VITA)	Monetary Aid/Relief	682-428-2939	What is VITA? Tax Policy Center	Tarrant	Volunteer Income Tax Assistance (VITA) is an IRS-supported, free income tax preparation program for low- to moderate-income individuals and families.
VSP Eyes of Hope	Medical	240-821-1130	Contact Eyes of Hope (vspvision.com)	Hood	Sight for Students provides eye exams and glasses to children 18 years and younger whose families cannot afford vision care.
Water Well and Septic Loan Program	Monetary Aid/Relief	202-625-4383	Clean Water State Revolving Fund (CWSRF) US EPA	Hood	Water Well and Septic Loan Program works with low-income families for maintenance and repairs.