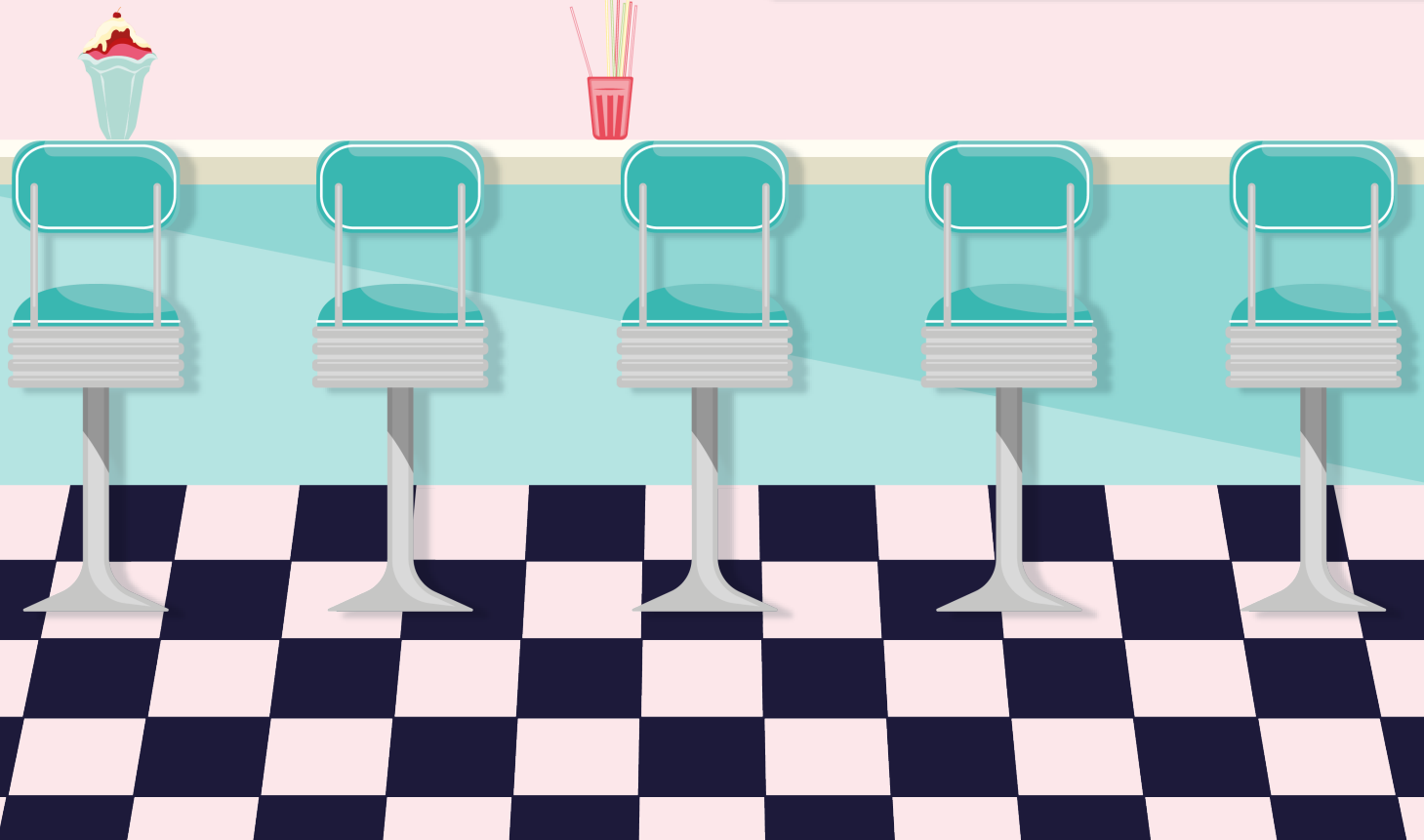
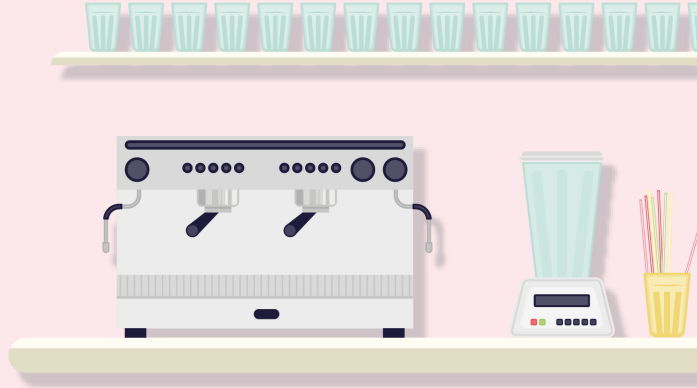


MARCH 2024



PULL UP A SEAT FOR
The Monthly
Rewind!

PLEASE TYPE YOUR NAME AND
DISTRICT IN THE CHAT BOX TO
SIGN IN.

Our team

HEATHER MORRIS

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TODAY'S AGENDA



UPDATES
& NEWS

A CLOSER
LOOK

CLASSES &
REMINDERS

LET'S
ROCK

IMPORTANT
DEADLINES

FIELD
REPORT

LET'S ROCK: DIETARY GUIDELINES

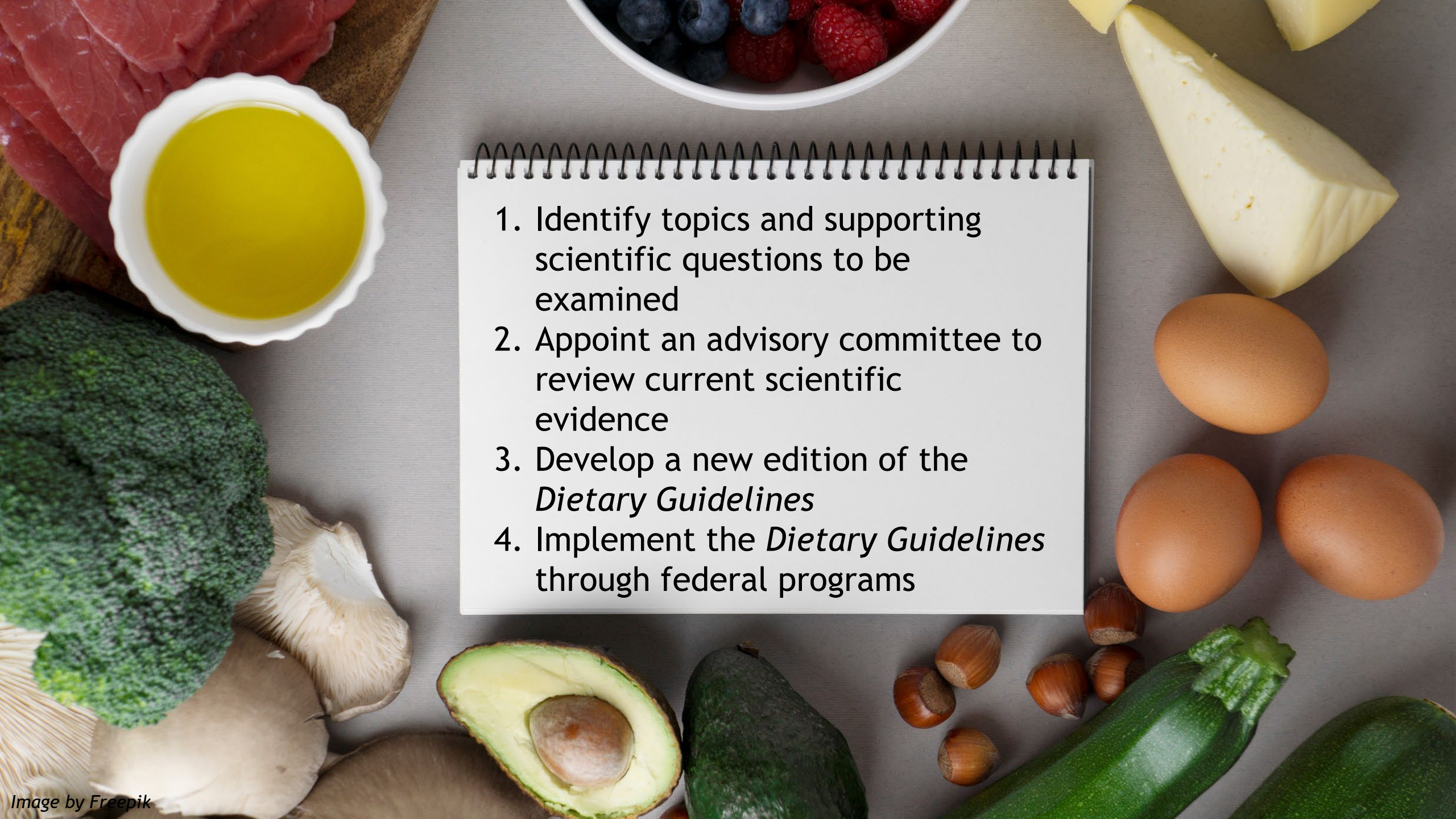


**EVER WONDER
WHERE WE GET THE
NUTRITION
STANDARDS
FOR NSLP?**



INTRODUCING THE *DIETARY GUIDELINES FOR AMERICANS!*



- 
1. Identify topics and supporting scientific questions to be examined
 2. Appoint an advisory committee to review current scientific evidence
 3. Develop a new edition of the *Dietary Guidelines*
 4. Implement the *Dietary Guidelines* through federal programs



**WHAT DO THE
CURRENT
DIETARY
GUIDELINES
SAY ABOUT
K-12?**

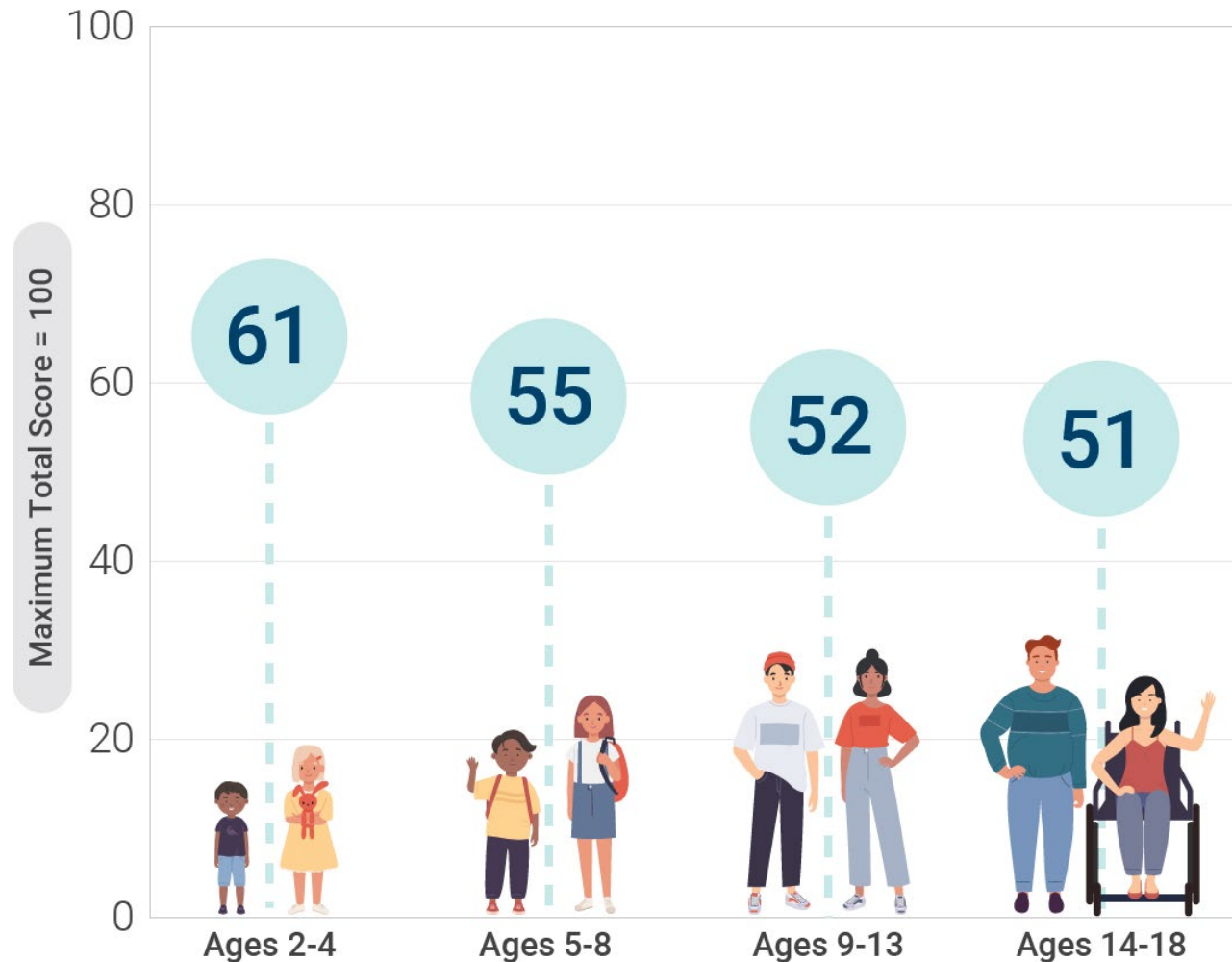


Children & Adolescents

DGA | Dietary
Guidelines
for Americans



Healthy Eating Index Scores Across Childhood and Adolescence



Healthy U.S. Style Dietary Pattern: Ages 2 Through 8

CALORIE LEVEL OF PATTERN ^a	1,000	1,200	1,400	1,600	1,800	2,000
FOOD GROUP OR SUBGROUP ^b	Daily Amount of Food From Each Group (Vegetable and protein foods subgroup amounts are per week.)					
Vegetables (cup eq/day)	1	1 ½	1 ½	2	2 ½	2 ½
	Vegetable Subgroups in Weekly Amounts					
Dark-Green Vegetables (cup eq/wk)	½	1	1	1 ½	1 ½	1 ½
Red and Orange Vegetables (cup eq/wk)	2 ½	3	3	4	5 ½	5 ½
Beans, Peas, Lentils (cup eq/wk)	½	½	½	1	1 ½	1 ½
Starchy Vegetables (cup eq/wk)	2	3 ½	3 ½	4	5	5
Other Vegetables (cup eq/wk)	1 ½	2 ½	2 ½	3 ½	4	4
Fruits (cup eq/day)	1	1	1 ½	1 ½	1 ½	2
Grains (ounce eq/day)	3	4	5	5	6	6
Whole Grains (ounce eq/day)	1 ½	2	2 ½	3	3	3
Refined Grains (ounce eq/day)	1 ½	2	2 ½	2	3	3
Dairy (cup eq/day)	2	2 ½	2 ½	2 ½	2 ½	2 ½
Protein Foods (ounce eq/day)	2	3	4	5	5	5 ½
	Protein Foods Subgroups in Weekly Amounts					
Meats, Poultry, Eggs (ounce eq/wk)	10	14	19	23	23	26
Seafood (ounce eq/wk) ^c	2-3 ^d	4	6	8	8	8
Nuts, Seeds, Soy Products (ounce eq/wk)	2	2	3	4	4	5
Oils (grams/day)	15	17	17	22	22	24
Limit on Calories for Other Uses (kcal/day)^e	130	80	90	150	190	280
Limit on Calories for Other Uses (%/day)	13%	7%	6%	9%	10%	14%

Current Intakes: Ages 5 Through 8

Average Daily Food Group Intakes Compared to Recommended Intake Ranges



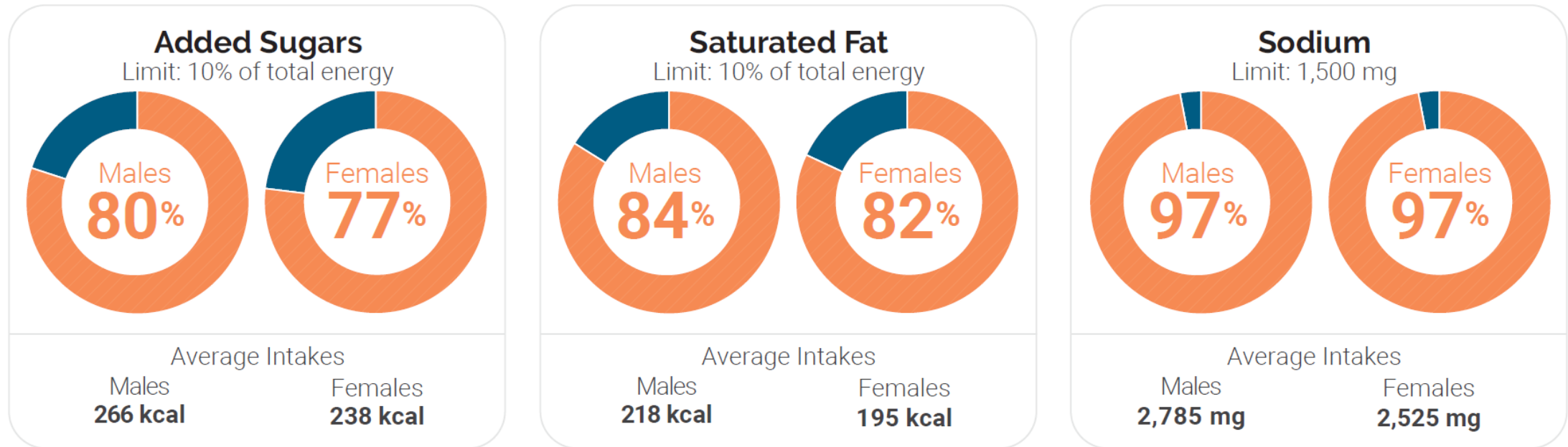
Healthy Eating Index Score (on a scale of 0-100)



Current Intakes: Ages 5 Through 8 Added Sugars, Saturated Fat & Sodium

Percent Exceeding Limits of Added Sugars,
Saturated Fat, and Sodium

● Exceeding Limit ● Within Recommended Limit

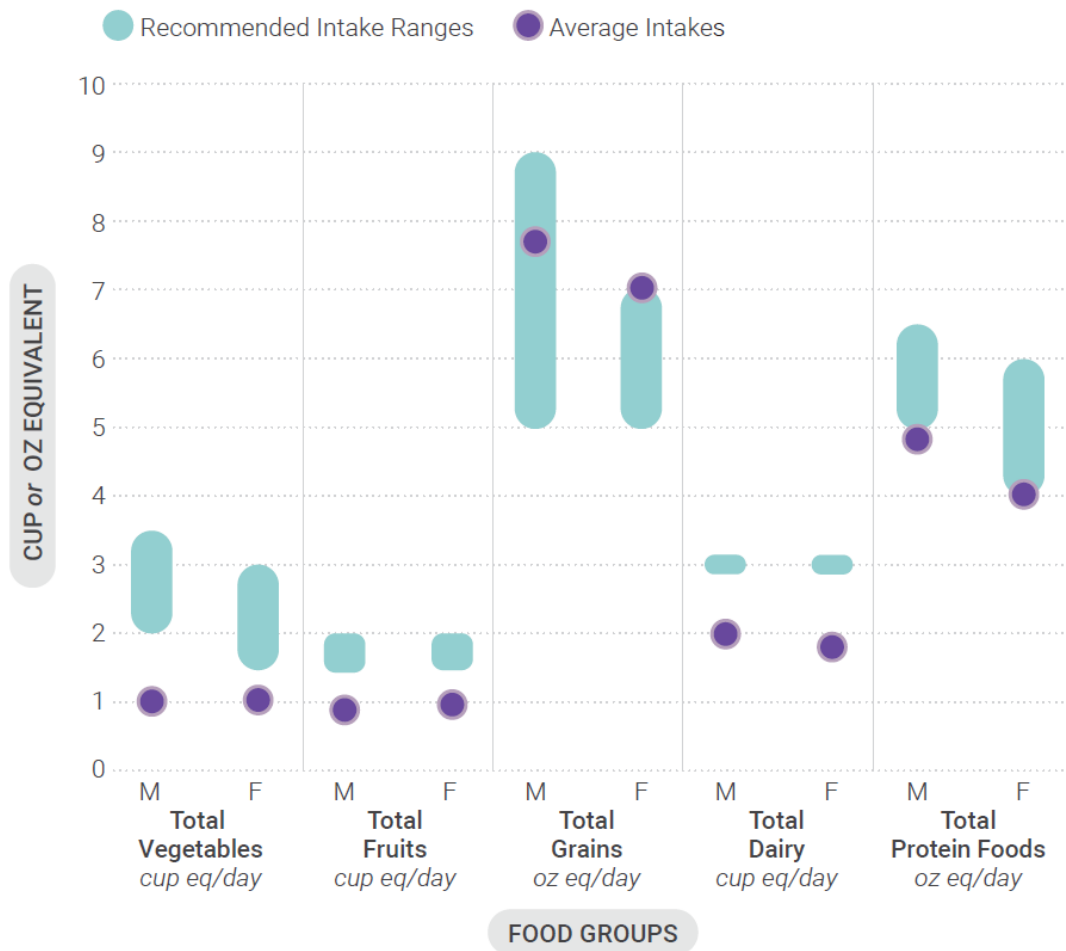


Healthy U.S. Style Dietary Pattern: Ages 9 Through 13

CALORIE LEVEL OF PATTERN ^a	1,400	1,600	1,800	2,000	2,200	2,400	2,600
FOOD GROUP OR SUBGROUP ^b	Daily Amount of Food From Each Group (Vegetable and protein foods subgroup amounts are per week.)						
Vegetables (cup eq/day)	1 ½	2	2 ½	2 ½	3	3	3 ½
	Vegetable Subgroups in Weekly Amounts						
Dark-Green Vegetables (cup eq/wk)	1	1 ½	1 ½	1 ½	2	2	2 ½
Red & Orange Vegetables (cup eq/wk)	3	4	5 ½	5 ½	6	6	7
Beans, Peas, Lentils (cup eq/wk)	½	1	1 ½	1 ½	2	2	2 ½
Starchy Vegetables (cup eq/wk)	3 ½	4	5	5	6	6	7
Other Vegetables (cup eq/wk)	2 ½	3 ½	4	4	5	5	5 ½
Fruits (cup eq/day)	1 ½	1 ½	1 ½	2	2	2	2
Grains (ounce eq/day)	5	5	6	6	7	8	9
Whole Grains (ounce eq/day)	2 ½	3	3	3	3 ½	4	4 ½
Refined Grains (ounce eq/day)	2 ½	2	3	3	3 ½	4	4 ½
Dairy (cup eq/day)	3	3	3	3	3	3	3
Protein Foods (ounce eq/day)	4	5	5	5 ½	6	6 ½	6 ½
	Protein Foods Subgroups in Weekly Amounts						
Meats, Poultry, Eggs (ounce eq/wk)	19	23	23	26	28	31	31
Seafood (ounce eq/wk) ^c	6	8	8	8	9	10	10
Nuts, Seeds, Soy Products (ounce eq/wk)	3	4	4	5	5	5	5
Oils (grams/day)	17	22	24	27	29	31	34
Limit on Calories for Other Uses (kcal/day)^d	50	100	140	240	250	320	350
Limit on Calories for Other Uses (%/day)	4%	6%	8%	12%	11%	13%	13%

Current Intakes: Ages 9 Through 13

Average Daily Food Group Intakes Compared to Recommended Intake Ranges



Healthy Eating Index Score (on a scale of 0-100)

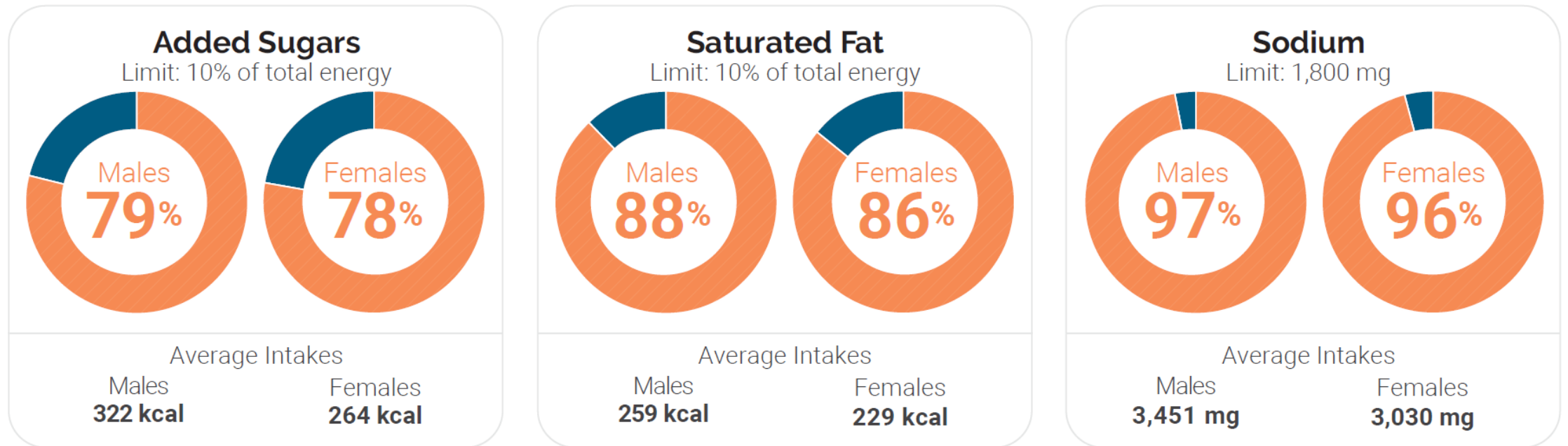
52



Current Intakes: Ages 9 Through 13 Added Sugars, Saturated Fat & Sodium

Percent Exceeding Limits of Added Sugars,
Saturated Fat, and Sodium

● Exceeding Limit ● Within Recommended Limit

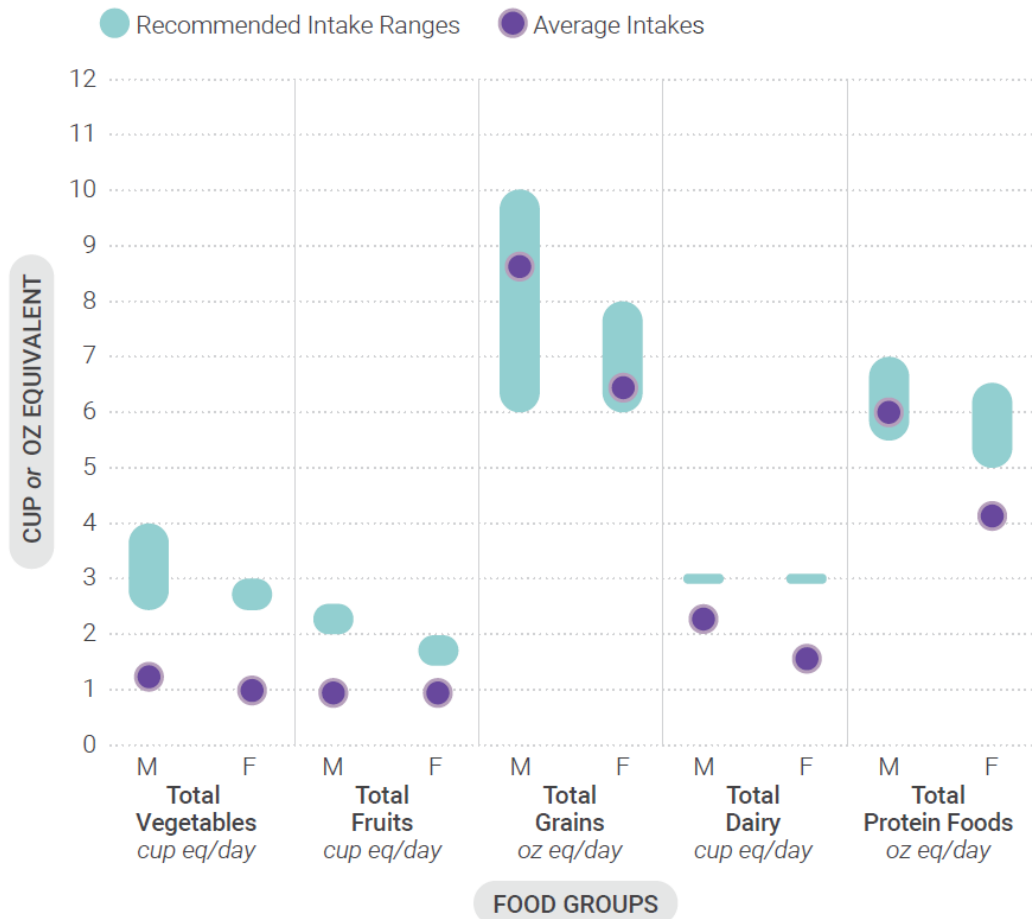


Healthy U.S. Style Dietary Pattern: Ages 14 Through 18

CALORIE LEVEL OF PATTERN ^a	1,800	2,000	2,200	2,400	2,600	2,800	3,000	3,200
FOOD GROUP OR SUBGROUP ^b	Daily Amount of Food From Each Group (Vegetable and protein foods subgroup amounts are per week.)							
Vegetables (cup eq/day)	2 ½	2 ½	3	3	3 ½	3 ½	4	4
	Vegetable Subgroups in Weekly Amounts							
Dark-Green Vegetables (cup eq/wk)	1 ½	1 ½	2	2	2 ½	2 ½	2 ½	2 ½
Red and Orange Vegetables (cup eq/wk)	5 ½	5 ½	6	6	7	7	7 ½	7 ½
Beans, Peas, Lentils (cup eq/wk)	1 ½	1 ½	2	2	2 ½	2 ½	3	3
Starchy Vegetables (cup eq/wk)	5	5	6	6	7	7	8	8
Other Vegetables (cup eq/wk)	4	4	5	5	5 ½	5 ½	7	7
Fruits (cup eq/day)	1 ½	2	2	2	2	2 ½	2 ½	2 ½
Grains (ounce eq/day)	6	6	7	8	9	10	10	10
Whole Grains (ounce eq/day)	3	3	3 ½	4	4 ½	5	5	5
Refined Grains (ounce eq/day)	3	3	3 ½	4	4 ½	5	5	5
Dairy (cup eq/day)	3	3	3	3	3	3	3	3
Protein Foods (ounce eq/day)	5	5 ½	6	6 ½	6 ½	7	7	7
	Protein Foods Subgroups in Weekly Amounts							
Meats, Poultry, Eggs (ounce eq/wk)	23	26	28	31	31	33	33	33
Seafood (ounce eq/wk)	8	8	9	10	10	10	10	10
Nuts, Seeds, Soy Products (ounce eq/wk)	4	5	5	5	5	6	6	6
Oils (grams/day)	24	27	29	31	34	36	44	51
Limit on Calories for Other Uses (kcal/day)^c	140	240	250	320	350	370	440	580
Limit on Calories for Other Uses (%/day)	8%	12%	11%	13%	13%	13%	15%	18%

Current Intakes: Ages 14 Through 18

Average Daily Food Group Intakes Compared to Recommended Intake Ranges



Healthy Eating Index Score (on a scale of 0-100)

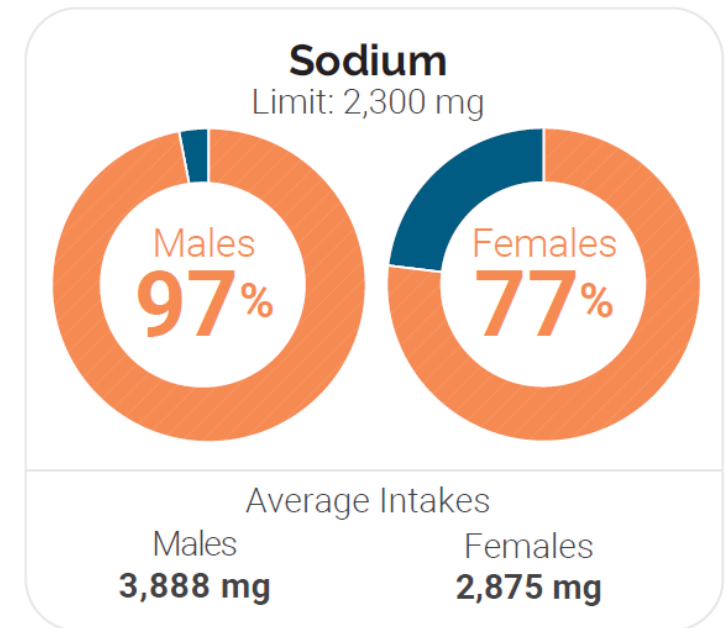
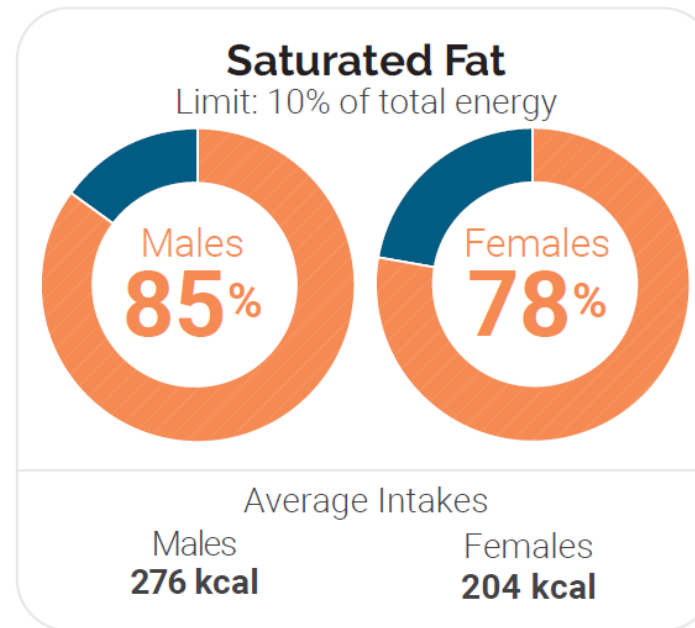
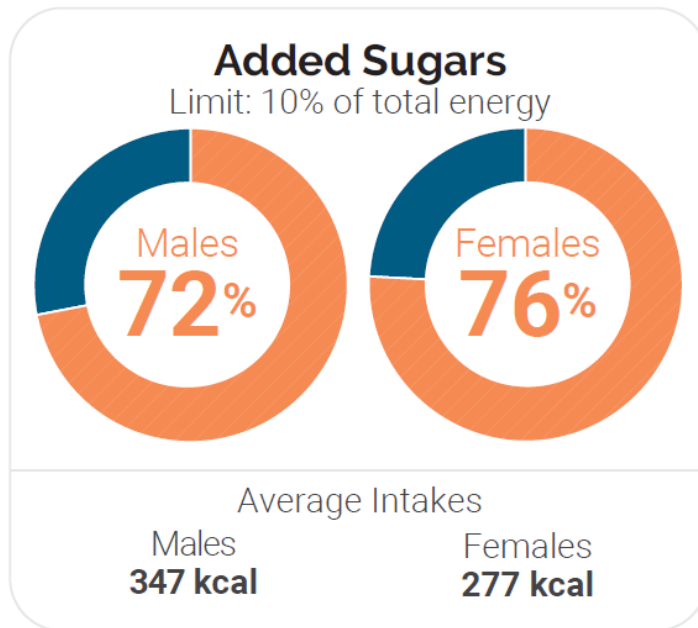
51



Current Intakes: Ages 14 Through 18 Added Sugars, Saturated Fat & Sodium

Percent Exceeding Limits of Added Sugars,
Saturated Fat, and Sodium

● Exceeding Limit ● Within Recommended Limit



Special Considerations: Children and Adolescents

- **Sugar-sweetened beverages.** Sugar-sweetened beverages are a top contributor to intakes of added sugars. Sugar-sweetened beverages are not necessary in the child or adolescent diet nor are they a component of the USDA Dietary Patterns.
- **Dairy and fortified soy alternatives.** Dairy and fortified soy alternatives provide protein and a variety of nutrients that are underconsumed during these life stages.
- **Adolescent nutrition.** The difference between recommended food group amounts and current intakes is greater for adolescents ages 14 through 18 years than for any other age group across the lifespan.



Supporting Healthy Eating: Children and Adolescents

- Expose young children to a variety of nutrient-dense foods within each food group to help build a healthy dietary pattern.
- Offer the same type of food to children multiple times, in different forms, to increase acceptance.
- Create environments that support healthy eating at home, school and in communities.

WANT TO LEARN MORE?

- Download the full 2020-2025 *Dietary Guidelines for Americans*
- Check out downloadable figures and infographics
- Download professional and consumer resources to help you educate students and stakeholders as well as plan healthy school meals

<https://www.dietaryguidelines.gov/resources/2020-2025-dietary-guidelines-online-materials>

UPDATES & NEWS



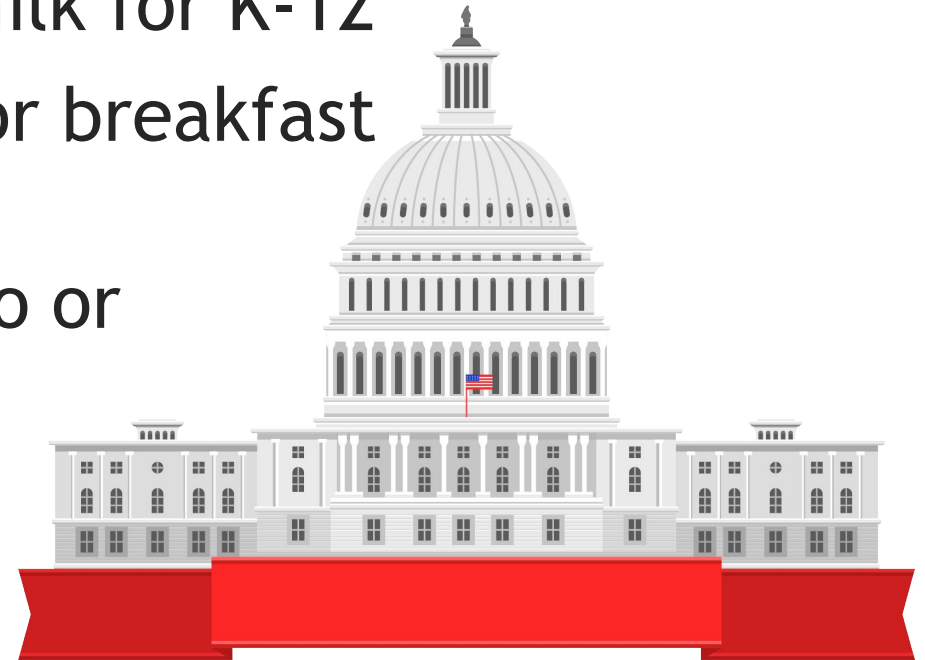
NEW! ALTERNATE MEALS

- Updated guidance:
 - CEs must cover the student cost of reimbursable alternate meals by
 - *Paying for these meals from the general fund OR*
 - *Adjusting the PLE tool to factor in the meal price of \$0 for alternate lunches*
 - Reimbursable alternate meals are still claimed by the student's eligibility



2024 APPROPRIATIONS ACT HIGHLIGHTS

- Current SY 2023-2024 sodium limits are in effect through SY 2026-27
- Allows for low-fat or fat-free flavored milk for K-12
- Any vegetable can be counted as fruit for breakfast - including potatoes
- PLE exemption as of June 30, 2023 - zero or positive balance
- This act supersedes the proposed rule!



BUY AMERICAN CLARIFICATION

- Keep log for all non-domestic received at the site level - **INCLUDING** items on your bid (pineapple, jalapeno, mandarin oranges, bananas)
- Consider preprinting these items on the log to make it easier for staff
- Keep the justification in the binder at the site level

Buy American Exception Log

Use this form to document [use](#) of an exception to the requirement to purchase domestic agricultural commodities and food products to the maximum extent practicable. (7 CFR 210.21(d), Memo SP 38-2017). There are two limited exceptions to the Buy American requirement which allow for the purchase of foods not meeting the "domestic standard" in circumstances when the use of domestic foods is truly not practicable. These exceptions, as determined by the SFA, are:


- The food or food product is not produced or manufactured in the United States in sufficient and reasonably available quantities of a satisfactory quality.
- Competitive bids reveal the costs of U.S. product is significantly higher than the non-domestic product.

Date	Food Item Used	Country of Origin	One Time Exception	Multiple Time Exception	Check Justification		
					Domestic product not available	Domestic product higher cost	Distributor substitution without notice

Download an exception log template from [our website](#)

UNANTICIPATED SCHOOL CLOSURES

- Need to operate meal service during an unanticipated school closure? TDA has you covered!
 - Complete the USC Notification Form
 - Check the [FAQ](#) starting on page 7 to review your options: SSO (preferred), SFSP, or CACFP At Risk



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

PY2023-2024
Unanticipated School Closure Notification Forms

TDA recognizes that in any given school year, unanticipated weather events or other unexpected events may necessitate the closure of schools, preventing the offering of curriculum during the temporary closure. Per regulation, schools are permitted to serve children via one of the programs listed below.

Districts are required to submit the form for the program they intend to serve meals under during an unanticipated school closure.

Click the program name below to access the associated Unanticipated School Closure Notification Form.

- [Seamless Summer Option \(SSO\)](#) *preferred
 - SSO service during an unanticipated school closure will only be allowed between the months of October and April.
 - A PY 2023-2024 SSO application must be submitted in TX-UNPS to TDA to operate SSO during unanticipated school closures.
 - If the CE has not previously operated SSO, then form SNP-005, Permanent Agreement Contracting Entity Specific Amendment must be completed and submitted to TDA via email: NSLP-SBP.bops@TexasAgriculture.gov. The form is located in TX-UNPS under the application tab, download forms.
 - The CE is responsible for ensuring information submitted in the PY 2023-2024 SSO application, including meal service times, aligns with information submitted in this form, as incorrect information may delay reimbursement claims.
 - The CE must return to serving breakfast and lunch under SBP/NSLP once the CE and/or site reopens.

LEARN THE LINGO: DUPLICATIVE COST

WHAT IS A DUPLICATIVE COST?

- An unallowable expense that occurs when an CE pays for the same service under multiple contracts using federal funding
- Happens when a CE pays for a service already provided by TDA, ESCs, or ICN

APPROVED COSTS	DUPLICATIVE COSTS
<ul style="list-style-type: none">• Attendance at trainings at ESCs, TASBO, or other school nutrition training/ conferences• Training in leadership, communications, media, training, etc.	<ul style="list-style-type: none">• Daily operational compliance• Compliance topics• Reminder binder prep• AR prep• Training already offered by ESCs, TDA, or ICN

Read the [FAQ](#) for more info

NEW IEG's RELEASED FOR SY24-25

- Income eligibility guidelines for SY24-25 are out!
- Find the chart [here](#)

Effective July 1, 2024 – June 30, 2025

Household Size	Total Income									
	Annual		Monthly		Twice-Monthly		Bi-Weekly		Weekly	
No. of Household Members	Free	Reduced	Free	Reduced	Free	Reduced	Free	Reduced	Free	Reduced
1	\$19,578	\$27,861	\$1,632	\$2,322	\$816	\$1,161	\$753	\$1,072	\$377	\$536
2	\$26,572	\$37,814	\$2,215	\$3,152	\$1,108	\$1,576	\$1,022	\$1,455	\$511	\$728
3	\$33,566	\$47,767	\$2,798	\$3,981	\$1,399	\$1,991	\$1,291	\$1,838	\$646	\$919
4	\$40,560	\$57,720	\$3,380	\$4,810	\$1,690	\$2,405	\$1,560	\$2,220	\$780	\$1,110
5	\$47,554	\$67,673	\$3,963	\$5,640	\$1,982	\$2,820	\$1,829	\$2,603	\$915	\$1,302
6	\$54,548	\$77,626	\$4,546	\$6,469	\$2,273	\$3,235	\$2,098	\$2,986	\$1,049	\$1,493
7	\$61,542	\$87,579	\$5,129	\$7,299	\$2,565	\$3,650	\$2,367	\$3,369	\$1,184	\$1,685
8	\$68,536	\$97,532	\$5,712	\$8,128	\$2,856	\$4,064	\$2,636	\$3,752	\$1,318	\$1,876
For each additional family member, add	+\$6,994	+\$9,953	+\$583	+\$830	+\$292	+\$415	+\$269	+\$383	+\$135	+\$192

These guidelines are based on 130% (free) and 185% (reduced) of the federal poverty guidelines and are effective July 1, 2024 – June 30, 2025.

UNIVERSAL BREAKFAST WAIVER

- Closes **June 30**
- CEs with 80% or more students eligible for free or reduced breakfast must offer universal free breakfast
- To apply for a waiver, go to TX-UNPS > Download Forms > SNP-000
- More information [here](#)

TEXAS SENATE BILL 376
UNIVERSAL BREAKFAST



WHAT IS SENATE BILL 376 (SB 376)?

SB 376 was passed by the 83rd Texas Legislature in 2015 and requires public and charter school campuses in which 80 percent or more of the students qualify for free or reduced-price meals to provide breakfast at no charge to all students OR submit a waiver annually to opt out of the requirement. If 10 percent or more students qualify, the campus must make reimbursable breakfast available to all students. A campus mandated to offer breakfast may choose to operate a locally funded breakfast program.

TEXAS BREAKFAST LANDSCAPE

- More than 1.8 million Texas students participated in the School Breakfast Program each school day in SY 2015-16.
- More than 2,800 Texas public and charter school campuses are subject to SB 376 requirements.
- Ninety-two percent of the Texas schools that are subject to SB 376 requirements already serve breakfast to all students at no charge.

FARM FRESH SURVEY 2024

- Take a short (5-10 minute) survey for Farm Fresh programming

[SURVEY](#)



LOOKING AHEAD: SUMMER FEEDING

- Summer materials are on the way!
- All CEs must advertise for summer meals



- **Non-congregate flexibilities allowed for rural districts in 2024:**
 - Multi-day bundling, bulk food component distribution, parent pickup
 - Home delivery (5-day max)
 - Hybrid Congregate/Non-congregate sites
- Request form, mapping tool, and new resources coming soon!

SCHOOL DATA FOR AREA ELIGIBILITY REPORT

- Report outlines schools that have at least 50% students eligible for free or reduced-price meals
- Based on October 2023 claims data for non-CEP schools and April 2023 CEP ISP report for CEP schools
- Download it [here](#)

Texas Department of Agriculture, Food & Nutrition Division

2023-2024 AREA ELIGIBILITY SCHOOL DATA

Area eligibility of listed schools is based on the following criteria:
 -- Non-CEP schools - area eligibility established based on minimum 50% free/reduced claiming data from October 2023
 -- Schools electing CEP in SY 2023-2024 - area eligibility is established if identified student percentage (ISP) is equal or greater than 31.25

Updated 02/09/2024

DISTRICT NAME	ESC	CAMPUS NAME	CAMPUS ADDRESS	CAMPUS CITY	ZIP	CEP SITE - ELIGIBILITY BASED ON ISP	NON-CEP SITE - ELIGIBILITY BASED ON F/RP %	DATA SOURCE
A PLUS CHARTER SCHOOLS, Inc. DBA A+ ACADEMY	10	A+ ACADEMY EL	10327 Riley Rd	DALLAS	75217		84.11	Oct FRP
A PLUS CHARTER SCHOOLS, Inc. DBA A+ ACADEMY	10	A+ SECONDARY SCHOOL	445 South Masters Dr.	Dallas	75217		80.19	Oct FRP
A PLUS CHARTER SCHOOLS, Inc. DBA A+ ACADEMY	10	A+ ACADEMY Early Childhood Center	10710 Mulberry St.	Dallas	75217		66.67	Oct FRP
A PLUS CHARTER SCHOOLS, INC. DBA INSPIRED VISION ACADEMY	10	INSPIRED VISION ACADEMY EL	8421 Bohannon	DALLAS	75217		79.21	Oct FRP
A PLUS CHARTER SCHOOLS, INC. DBA INSPIRED VISION ACADEMY	10	INSPIRED VISION ACADEMY SECONDARY	8501 BRUTON RD	DALLAS	75217		76.00	Oct FRP
A PLUS CHARTER SCHOOLS, INC. DBA INSPIRED VISION ACADEMY	10	Inspired Vision Intermediate School	7300 Bruton Road	Dallas	75217		60.44	Oct FRP
A.W. Brown Leadership Academy	10	QUEST CAMPUS PRE-K THRU 8	5701 Red Bird Ctr. DR	DALLAS	75237		80.6	Site ISP
A.W. Brown Leadership Academy	10	GENESIS CAMPUS PRE-K THRU 5	5701 Red Bird Ctr. Drive	DALLAS	75237		77.81	Site ISP
A+UP	4	A+ Unlimited Potential - University	2410 Hamilton St	Houston	77004-1228		80.67	Oct FRP
ABERNATHY ISD	17	ABERNATHY H S	505 7TH ST	ABERNATHY	79311-3318		42.62	Site ISP
ABERNATHY ISD	17	ABERNATHY J H	505 7TH ST	ABERNATHY	79311-3318		47.59	Site ISP
ABERNATHY ISD	17	ABERNATHY EL	505 7TH ST	ABERNATHY	79311-3318		42.93	Site ISP
ABILENE ISD	14	ABILENE H S	2850 N 6TH ST	ABILENE	79603-7190		51.61	Site ISP
ABILENE ISD	14	COOPER H S	3639 GAYLES BLVD	ABILENE	79605-7099		49.04	Site ISP
ABILENE ISD	14	WOODSON CENTER FOR EXCELLENCE	342 COCKERELL	ABILENE	79601-4444		74.47	Site ISP
ABILENE ISD	14	ACA FOR TECH ENGINEERING MATH & SCIENCE	2034 Quantum Loop	ABILENE	79602		32.41	Site ISP
ABILENE ISD	14	MADISON MIDDLE	3145 BARRROW ST	ABILENE	79605-6999		56.48	Site ISP
ABILENE ISD	14	MAH N MIDDLE	2545 MIMOSA DR	ABILENE	79603-2131		59.98	Site ISP
ABILENE ISD	14	CLACK MIDDLE	1610 CORSICANA AVE	ABILENE	79605-4402		52.65	Site ISP
ABILENE ISD	14	BYRON CRAIG MIDDLE	702 S JUDGE ELY BLVD	ABILENE	79601		61.58	Site ISP
ABILENE ISD	14	AUSTIN EL	2341 GREENBRIAR DR	ABILENE	79605-5623		44.7	Site ISP
ABILENE ISD	14	BONHAM EL	717 Buscareer Dr	ABILENE	79605-2727		66.6	Site ISP
ABILENE ISD	14	BOWIE EL	2034 Jeanette H	ABILENE	79600-4620		69.38	Site ISP
ABILENE ISD	14	DYESS EL	402 DELAWARE	ABILENE	79607-1100		33.62	Site ISP
ABILENE ISD	14	Jose Alcorca Sr. Elementary	2650 S 32ND ST	ABILENE	79605-6923		56.82	Site ISP
ABILENE ISD	14	Eugene Purcell Elementary	3633 North 14th Street	ABILENE	79603		69.67	Site ISP
ABILENE ISD	14	Robert & Sammye Stafford Elementary	1026 N PIONEER DR	ABILENE	79603-4027		75.49	Site ISP
ABILENE ISD	14	TAYLOR EL	916 E N 13TH ST	ABILENE	79601-3635		52.62	Site ISP
ABILENE ISD	14	WARD EL	3750 PAINT BRUSH	ABILENE	79606-2679		36.35	Site ISP
ABILENE ISD	14	THOMAS EL	1240 LAKESIDE DR	ABILENE	79602-4118		61.35	Site ISP
ABILENE ISD	14	ORTIZ EL	2560 VOEGEL	ABILENE	79603-2253		74.36	Site ISP
ABILENE ISD	14	BASSETTI EL	5749 HWY 277 S	ABILENE	79606-1701		59.67	Site ISP
ABILENE ISD	14	MARTINEZ EL	1250 Merchant Street	Abilene	79603		83.25	Site ISP

USDA FOODS UPDATES

- **SY2023-2024**

- Don't forget to complete FFAVORS receipts within 7 calendar days from delivery
- Get DoD spent for delivery by June - new allocation loading starting May 2024
- Pull warehouse inventory by April 30

- **SY2024-2025**

- TDA ordering might cause email status change updates
- Ignore these for now
- TDA will communicate final changes in May
- Round 2 will be opened to fix any final cancellations



MISSED THE LATEST SCHOOL CALL?

RECORDINGS HAVE MOVED!

- On [SquareMeals](#), go to
 - Programs
 - National School Lunch Program
 - Resources
 - Scroll to the bottom of the page

Webinars

UPCOMING SCHOOL CALLS

[Click Here To Join at 2 p.m. on Day of Webinar](#)

PAST WEBINARS

[TDA School Webinar - Feb. 28, 2024](#) - view [Policy Update](#) slides; view [Nutrition Team](#) slides; view [CEP Reporting Update](#).

[TDA School Webinar - Jan. 31, 2024](#) - view [USDA Foods Updates](#) slides; view [School Operations](#) slides; view [Nutrition Team](#) slides.

[TDA School Webinar - Nov. 29, 2023](#) - view [USDA Foods Updates](#) slides; view [School Operations](#) slides; view [Nutrition Team](#) slides; view [Training Team](#) slides.

[TDA School Webinar - Oct. 25, 2023](#) - view [Policy Update](#) slides; view [USDA Foods Updates](#) slides; view [School Operations](#) slides; access Nutrition's links to [Local Food for Schools Resources](#).

Apply
here.

JOIN
OUR TEAM

A CLOSER LOOK: TRIENNIAL ASSESSMENT



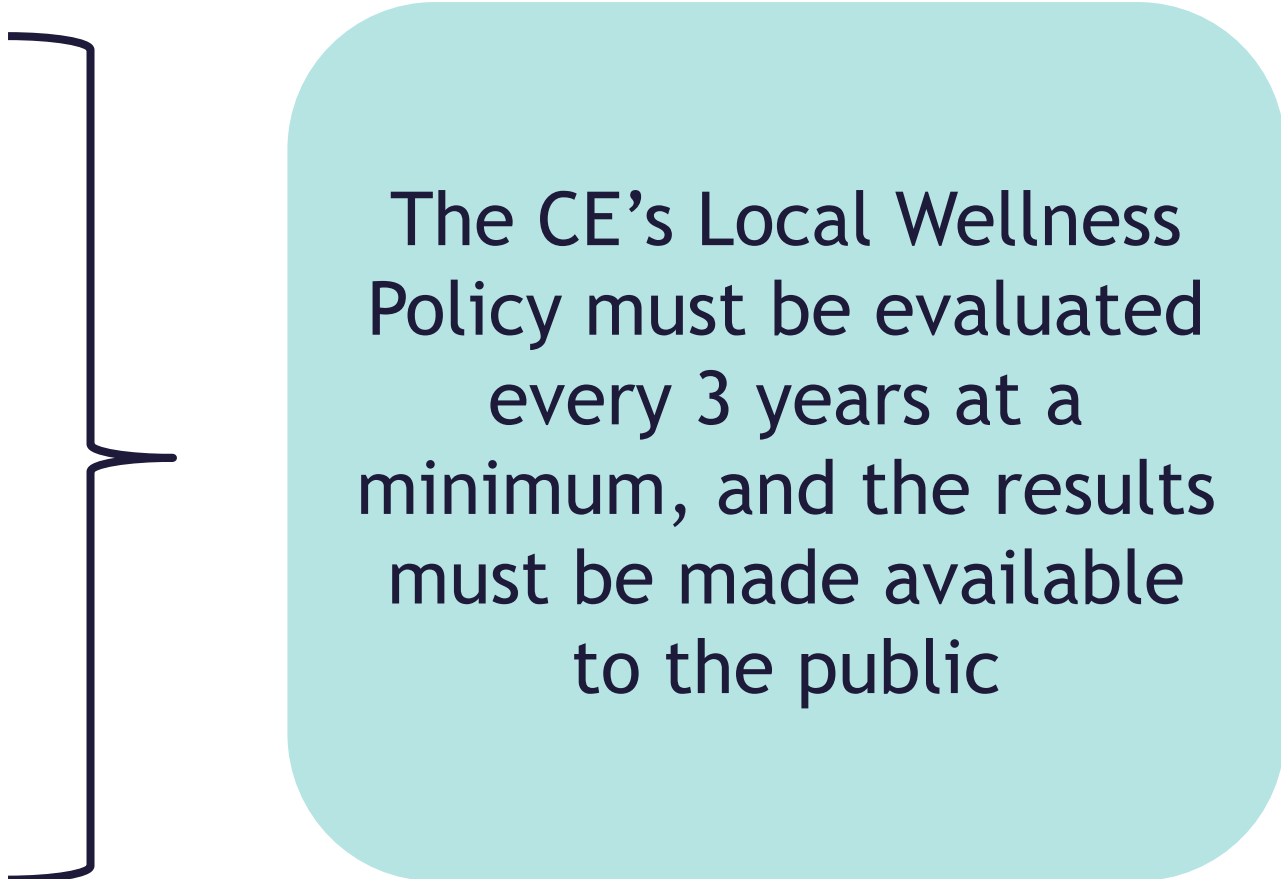
WHAT IS IT?

triennial

recurring every 3 years

assessment

the evaluation of the nature, quality, or ability of something



The CE's Local Wellness Policy must be evaluated every 3 years at a minimum, and the results must be made available to the public

WHAT MUST BE EVALUATED?

USDA SAYS

- Compliance with the wellness policy
- How the wellness policy compares to model wellness policies
- Progress made in attaining the goals of the wellness policy

TDA SAYS - ARM SECTION 29

- LWP must be reviewed annually
- Triennial assessment must go through these USDA topics every 3 years

TOOLS TO EVALUATE WELLNESS POLICY

WELLNESS POLICY ASSESSMENT TOOL

DISTRICT WELLNESS POLICY ANNUAL PROGRESS REPORT

District Wellness Policy Annual Progress Report 20

School District:

Wellness Contact Name & E-mail:

Wellness Policy Components	Fully in Place	Partially in Place	Not in Place	Steps to implement, challenges/barriers	Data source for monitoring; Next steps for full implementation/expansion
District Wellness Committee/Coordinated District Health Advisory Council					
Policy Leadership					
1. The designated officer for ensuring district compliance with the wellness policy and oversight is identified. (PO-3)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Public Involvement					
2. Meets at least once per year to establish district wellness goals for, and to oversee, school health and safety policies and programs including development, implementation, and periodic review and update of the wellness policy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
3. To the extent possible, Committee includes parents/legal guardians, students, and representatives of district nutrition services, physical education teachers, school health professionals, the school board, school administrators, and the general public. (PO-3)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Food and Beverage Availability					
School Meals					
4. Pre-K to fifth graders will be provided a minimum of 20 minutes to consume lunch after they have received their food. (NS-11)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Foods Sold Outside of School Meals Program (Competitive Foods and Beverages)					
5. Foods and beverages sold outside of the school meal programs (e.g., "competitive" foods and beverages) will meet the USDA Smart Snacks in School nutrition standards (SS-1, SS-2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
6. Standards established for foods provided but not sold (e.g., class parties, class snacks), during the school day on school campuses (SS-4)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Food and Beverage Marketing					
7. Any foods and beverages marketed or promoted to students on school campuses during the school day meet or exceed the USDA Smart Snacks in School nutrition standards. (PO-3)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
District Goals for Health & Wellness					
Nutrition Education					
8. Schools will provide nutrition education and engage in nutrition promotion that fulfills the criteria identified in the district LWP (NS-8, NS-12, HPE-11).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Nutrition Promotion					
9. Nutrition promotion using evidence-based techniques, creating food environments that encourage healthy nutrition choices and participation in school meal programs using a comprehensive and multi-channel approach by school staff, teachers, parents/legal guardians, students, and the community. (NS-5, NS-8, NS-9)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

Example of completed form

Wellness Policy Assessment Tool Form 357 Rev 12/15

This template provides information on wellness policy goals and practices within the LEA. Use this tool to track progress and gather ideas on ways to create a healthier school environment. A separate assessment should be completed for each school or at a minimum, each school level. The wellness policy and completed assessment must be available to the public.

LEA/District Name: Reviewer: Date:

School Name:

Select all grades: PK K 1 2 3 4 5 6 7 8 9 10 11 12

Yes No I. Public Involvement

We encourage the following to participate in the development, implementation, and evaluation of our wellness policy:

Administrators School Food Service Staff P.E. Teachers Parents

School Board Members School Health Professionals Students Public

We have a designee in charge of compliance.

Name/Title:

We make our policy available to the public.

Please describe:

We measure the implementation of our policy goals and communicate results to the public.

Please describe:

Our district reviews the wellness policy at least annually.

Yes No II. Nutrition Education

Our district's written wellness policy includes measurable goals for nutrition education.

We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc).

We offer nutrition education to students in: Elementary School Middle School High School

Yes No III. Nutrition Promotion

Our district's written wellness policy includes measurable goals for nutrition promotion.

We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

We have reviewed *Smarter Lunchroom* techniques and evaluated our ability to implement some of them.

We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

We ensure students have access to hand-washing facilities prior to meals.

We annually evaluate how to market and promote our school meal program(s).

We regularly share school meal nutrition, calorie, and sodium content information with students and families.

We offer taste testing or menu planning opportunities to our students.

We participate in Farm to School activities and/or have a school garden.

We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).

We price nutritious foods and beverages lower than less nutritious foods and beverages.

We offer fruits or non-fried vegetables in: Vending Machines School Stores Snack Bars à La Carte

We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.

We provide teachers with samples of alternative reward options other than food or beverages.

We prohibit the use of food and beverages as a reward.




(Cont. on page 2)



TOOLS TO COMPARE WITH MODEL WELLNESS POLICIES






WELLSAT 3.0 & WELLSAT-I

WellSAT: 3.0
Wellness School Assessment Tool

DISTRICT SCORECARD

 Federal Requirement
  Farm to School
  CSPAP



Section 1: Nutrition Education		
		Rating
 NE1	Includes goals for nutrition education that are designed to promote student wellness.	
NE2	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	
NE3	All elementary school students receive sequential and comprehensive nutrition education. Use N/A if no elementary schools in district.	
NE4	All middle school students receive sequential and comprehensive nutrition education. Use N/A if no middle schools in district.	
NE5	All high school students receive sequential and comprehensive nutrition education. Use N/A if no high schools in district.	
NE6	Nutrition education is integrated into other subjects beyond health education	
NE7	Links nutrition education with the school food environment.	
 NE8	Nutrition education addresses agriculture and the food system.	
<i>Subtotal for Section 1</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100. Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	





Section 2: Standards for USDA Child Nutrition Programs and School Meals		
		Rating
 SM1	Assures compliance with USDA nutrition standards for reimbursable school meals.	
SM2	Addresses access to the USDA School Breakfast Program.	
 SM3	District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	
SM4	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.	
SM5	Specifies how families are provided information about determining eligibility for free/reduced priced meals	
SM6	Specifies strategies to increase participation in school meal programs.	
SM7	Addresses the amount of "seat time" students have to eat school meals.	
 SM8	Free drinking water is available during meals.	
 SM9	Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	
 SM10	Addresses purchasing local foods for the school meals program.	
<i>Subtotal for Section 2</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100. Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	

WellSAT-I

Wellness School Assessment Tool – Interview to Match WellSAT 3.0

Nutrition Education

 Federal Requirement
  School-level Item

Section 1: Nutrition Education (NE)		
Interviewees: head of curriculum or health/nutrition teacher, food service director		
Person to be interviewed: Date of interview:		Score
 NE1	Does the school district have specific goals for nutrition education designed to promote student wellness? Does this include a standards-based nutrition education curriculum?	
NE2	How would you describe the nutrition education you provide? Are didactic methods used to increase student knowledge? Are skills-based, behavior focused, and interactive/participatory methods used to develop student skills?	
 NE3	Do all elementary school students receive sequential and comprehensive nutrition education?	
 NE4	Do all middle school students receive sequential and comprehensive nutrition education?	
 NE5	Do all high school students receive sequential and comprehensive nutrition education?	
NE6	Is nutrition education integrated into other subjects beyond health education?	
NE7	Is nutrition education linked with the school food environment?	
NE8	Does nutrition education address agriculture and the food system?	

[Tips on WELLSAT 3.0 form](#)

TOOL TO EVALUATE WELLNESS GOALS

LOCAL WELLNESS POLICY PROGRESS REPORT

Local Wellness Policy Progress Report

School Name:

Wellness Policy Contact:

Date Completed:

This tool is to document progress in meeting the goals written in the district's wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the "Contact Person" column identify the individual who can report on the goals' progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. EXAMPLE: <i>Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.</i>	Cindy Smith (Curriculum Director)	x			Nutrition education is part of the science curriculum in each grade level.	Explore additional lessons and activities that incorporate nutrition education into math, reading and social studies.
2.						
3.						

Physical Activity Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1.						
2.						

TOOL TO EVALUATE ALL 3 PARTS

TRIENNIAL ASSESSMENT TEMPLATE

NUTRITION ENVIRONMENT AND SERVICES

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutrition Promotion: Identified specific goals for nutrition promotion and nutrition education and other school-based activities that promote student wellness through nutrition. [7 CFR 210.31(c)]	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps: [Describe progress and next steps]			
School Wellness Policies may Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutrition Environment and Services: Distributed the menu for each breakfast and lunch served, nutritional content and ingredients of each menu item, and location of fruits and vegetables served are grown and processed, and making information available on school website, in school's office, and to family upon request [DC Official Code § 38-822.05(b)(1)]	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Made vegetarian food options available as a daily option for the main course for breakfast and lunch at all grade levels, and rotating the options to avoid repetition [DC Official Code § 38-822.01(a)(1)(B)(i-ii)]	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Labeled vegetarian food options [DC Official Code § 38-822.01(a)(1)(B)(iii)]	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Solicited input from students, faculty and parents through taste tests, comment boxes, surveys, a student nutrition advisory council, or other means, regarding nutritious meals that appeal to students [DC Official Code § 38-822.03(b)(3)]	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hung meal signage, such as the <i>Offer vs. Serve</i> poster as a guide for students choosing a reimbursable meal [7 CFR 210.10(a)(2)]	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps: [Describe progress and next steps]			

6

COMMUNITY INVOLVEMENT

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Community Involvement: Described how community members are provided with the opportunity to participate in the LWP process as well as serve on the committee [7 CFR 210.31(c)(5)]	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps: [Describe progress and next steps]			
Include any additional notes or elements addressed in the LWP, if necessary: [Include any additional notes, if necessary]			

SECTION 3. COMPARISON TO MODEL LOCAL WELLNESS POLICIES

Indicate model policy language used for comparison. Model policies may be found [here](#).

- Alliance for a Healthier Generation: Model Policy
- Upgrade Sample Language
- Other, (please specify): [Insert the name of the model policy you used.]

Describe how the LWP compares to model wellness policies.
[Describe how the LWP compares to model wellness policies]

SECTION 4. POLICY REVISIONS AND NOTIFYING THE PUBLIC

Indicate next steps that will be taken based on this assessment, such as making appropriate updates or modifications to the LWP, informing the public of the assessment results and informing the public how they may participate in the development, implementation and periodic review and update of the LWP

Describe next steps for the LWP based on assessment.
[Describe how the LWP will be revised based on the assessment, how the public will be informed, and how the public can participate in the development, implementation and periodic review of the revised LWP.]

13



National Food Service Management Institute
The University of Mississippi

Resource
*to Sustain and Strengthen
Local Wellness Initiatives*



Applied Research Division
The University of Southern Mississippi

HOW TO EVALUATE...

SMART GOALS:

- SPECIFIC
- MEASURABLE
- ACHIEVABLE
- RELEVANT
- TIME-BOUND

IMPORTANT DEADLINES



~~March 31~~

NSLP Financial Report due - **EXTENDED TO MAY 3**

April 5

Download Direct Certification from TX-ELMS

April 15

SFSP Application due for NEW CEs

Texas Fruit & Vegetable Day!

May 5

School Lunch Hero Day

May 7

SFSP Application due for RENEWING CEs

June 30

SY24-25 Application Packet Due (open now)

FSMC TIMELINE

September 1, 2023	New contracts and renewals documents are open and posted on Squaremeals.org
December 1, 2023	All new contracts must be submitted to TDA for approval to publish
February 1, 2024	All renewals must be submitted to TDA for approval
February 15, 2024	TDA approves all new contracts to publish
April 1, 2024	New contracts are submitted for TDA review of the evaluation/award
May 1, 2024	TDA approves all new contracts and renewals
June 21, 2024	New contracts and renewals signed/executed submitted to TDA
August 1, 2024	TDA files contracts and renewals into DSS

CLASSES & REMINDERS



UPCOMING REGION 11 CLASSES



Food Production
Records



Wednesday, April 10



8:30 a.m. - 3:30 p.m.



Sign up [here](#).

UPCOMING REGION 11 CLASSES



Financial Management: A Course for
SNP Directors

Procurement of Foods: Cooperative
Purchasing Groups



Wednesday, April 17-Friday, April 19



8:30 a.m. - 3:30 p.m.



Sign up [here](#).

MEGACON 2024



[REGISTER](#)



May 14-16



Austin, TX



[Sneak Peek agenda](#)

FARE: FOOD ALLERGY ACADEMY

<https://www.foodallergyacademy.org/>



Back to School Food Allergy Guidance for Teachers, Nurses, Administrators, and School Staff

Enroll



Best in Class: Managing Food Allergies in School

Enroll

TEXAS FRUIT & VEGETABLE DAY



- April 5
- Promote awareness of the health benefits of eating fruits and vegetables and encourage students to consume more fruits and vegetables
- Find resources on [SquareMeals](#)

FIELD REPORT





BRAG ON YOUR PROGRAM!

- Tell Patti all about it
- Photos, blurbs, links, videos, etc.
- padams@esc11.net

**YOUR GREATEST
HITS!**



TURNIP THE BEET

2023 WINNERS
FROM REGION 11!

Apply for the 2024 Turnip the
Beet Award [here](#).

GOLD

Birdville ISD, Eagle Mountain-Saginaw ISD,
Grapevine-Colleyville ISD

SILVER

Lewisville ISD, Northwest ISD





RIO VISTA ISD

INTRODUCES SALAD BAR AT
HIGH SCHOOL!

MANSFIELD ISD

SHOWCASES MUSHROOMS FOR
HARVEST OF THE MONTH

MARCH HARVEST OF THE MONTH: **Mushrooms!**



Low Calorie Food

Health Boosting
Vitamins

Rich in
Potassium

Anti-
Inflammatory

Antioxidants

Check out how we're serving them →

MUSHROOM BURGER

At Intermediate,
Middle, & High Schools:



• Ben Barber & Phoenix
Academy:
Thursday, March 21

• High Schools:
Every Tuesday when
Burgers are offered -
March 5, 19, 26

• Intermediate and
Middle Schools:
Monday, March 18

*Mushrooms will be offered
on the side as an optional
burger topping*

#TrySomethingNew

MUSHROOM PIZZA



At Elementary
Schools on
Friday, March
22nd

Students can
receive a sample
portion of
Mushroom Pizza
with their regular
lunch.

#TrySomethingNew

ROASTED VEGGIES WITH MUSHROOMS



At Intermediate,
Middle, & High
Schools:

• Ben Barber & Phoenix
Academy:
Tuesday, March 19

• High Schools:
Tuesdays with Asian
Chicken -
March 5 & 26

• Intermediate and
Middle Schools:
Tuesday, March 26

#TrySomethingNew



LITERARY LUNCH

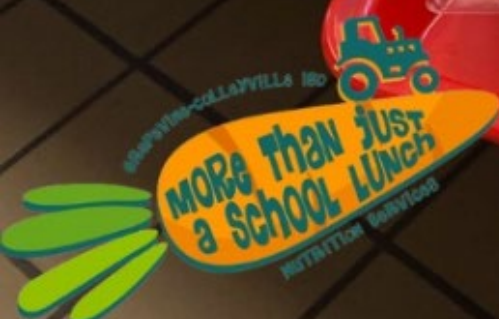
Cloudy With a Chance of Meatballs
Written by Judi Barrett and Drawn by Ray Barrett
Over 4.5 million copies sold!

The series behind the major motion pictures

Cloudy With a Chance of Meatballs logo

GRAPEVINE-COLLEYVILLE ISD

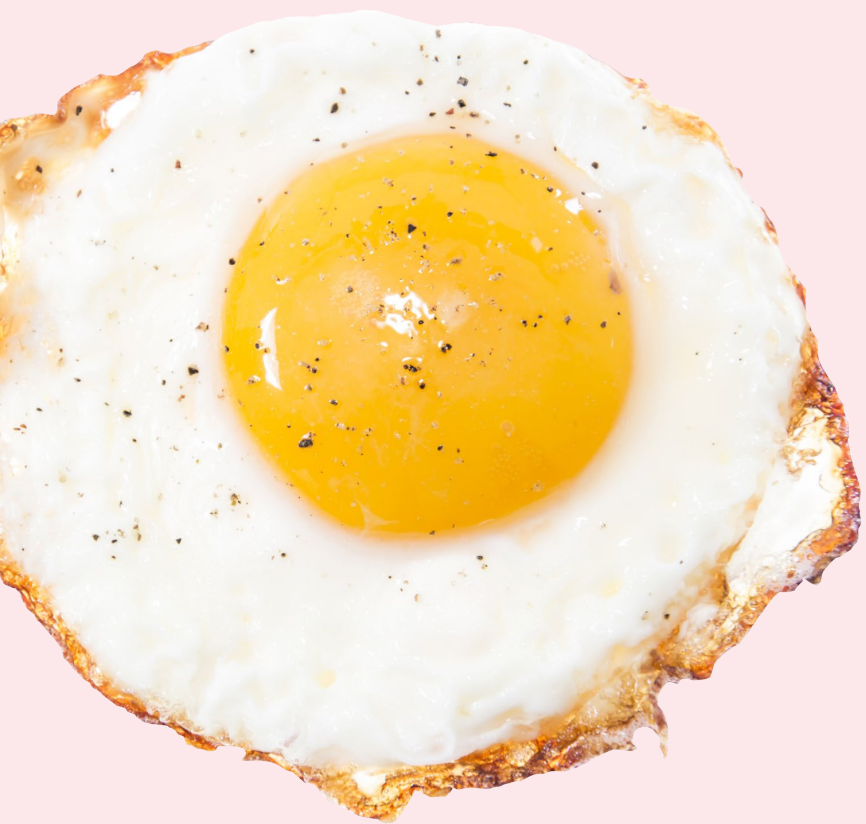
CELEBRATES LITERARY LUNCHES



DENTON ISD

COOKING CLUB LEARNS HOW
TO MAKE PANCAKES





NATIONAL SCHOOL BREAKFAST WEEK

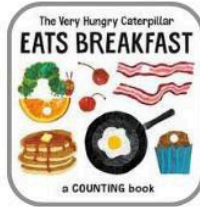


National School Breakfast Week

March 4th - 8th

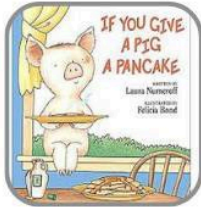


Monday



Breakfast Burrito

Tuesday



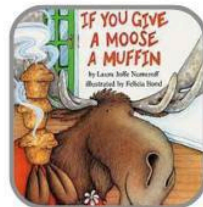
Pancakes

Wednesday



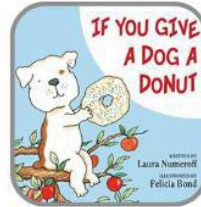
Breakfast Pizza Bagel

Thursday



Blueberry Muffin

Friday



Glazed Donut Holes

This institution is an equal opportunity provider.

GRANBURY ISD

LITERARY BREAKFAST!

LAKE WORTH ISD

STUDENTS TASTED NEW
CINNAFUEGO TOAST CRUNCH
CEREAL BARS FROM GENERAL
MILLS





School Breakfast Week 2024

5999 Reimbursable Meals Served!



NSBW 2024												
Campus	Enrollment	Monday	%	Tuesday	%	Wednesday	%	Thursday	%	Friday	%	Total
AHS	1190	240	20%	271	23%	296	25%	356	30%	271	23%	1434
AJH	852	173	20%	174	20%	195	23%	207	24%	175	21%	924
AES	364	204	56%	220	60%	216	59%	218	60%	202	55%	1060
AEN	273	166	61%	163	60%	157	58%	161	59%	169	62%	816
LES	304	132	43%	139	46%	146	48%	130	43%	108	36%	655
AS	819	214	26%	219	27%	230	28%	231	28%	216	26%	1110
District Total	3802											5999

NSBW 2023												
Campus	Enrollment	Monday	%	Tuesday	%	Wednesday	%	Thursday	%	Friday	%	Total
AHS	1150	241	21%	247	21%	279	24%	250	22%	207	18%	1224
AJH	832	154	19%	146	18%	169	20%	168	20%	152	18%	789
AES	378	206	54%	234	62%	229	61%	224	59%	203	54%	1096
AEN	295	81	27%	87	29%	87	29%	82	28%	81	27%	418
LES	291	107	37%	118	41%	123	42%	115	40%	130	45%	593
AS	808	173	21%	204	25%	212	26%	174	22%	168	21%	931
District Total	3754											5051

ALVARADO ISD

INCREASED REIMBURSABLE BREAKFASTS SOLD BY 16% OVER LAST YEAR'S NSBW!

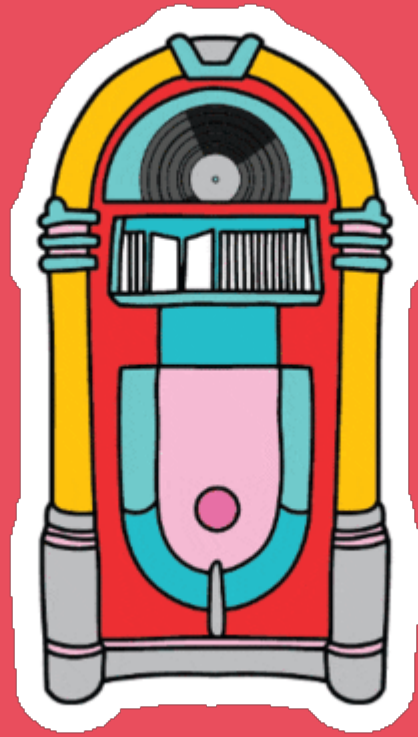


TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
 This institution is an equal opportunity provider.

Questions

?





**THANK YOU FOR
ATTENDING**



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1.mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

2.fax:

(833) 256-1665 or (202) 690-7442; or

3.email:

Program.Intake@usda.gov

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